



# Optimizing Renovation:

Unveiling Thermal Bridging in Existing Buildings Through Modeling



Amrish K. Patel, P.E. – Senior Project Manager

Kyle M. Nay, P.E. – Consulting Engineer



National Institute of  
**BUILDING SCIENCES™**  
*Innovative Solutions for the Built Environment*

# Outline

- Building Enclosure Thermal Performance
- Thermal Bridging
- Thermal Modeling
- Modeling Examples
- Conclusion

# Enclosure Thermal Performance

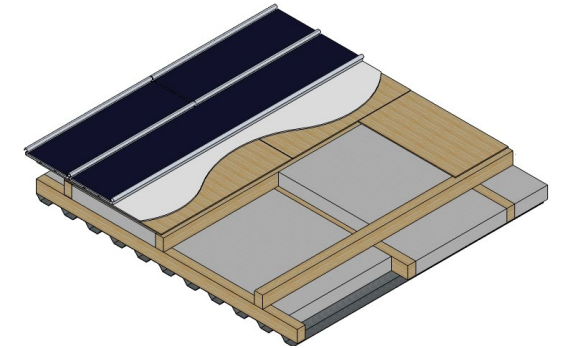
**Table 5.5-2 Building Envelope Requirements for Climate Zone 2 (A,B)\***

Opaque Elements	Nonresidential					
	Assembly Maximum	Insulation Min. R-Value	Assembly Maximum			
<i>Res Excerpt from ASHRAE 90.1-2022</i>						
<i>Roofs</i>						
<i>Insulation entirely above deck</i>	U-0.039	R-25 <i>c.i.</i>	U-0.039			
<i>Metal building<sup>a</sup></i>	U-0.041	R-10 + R-19 FC	U-0.041			
<i>Attic and other</i>	U-0.027	R-38	U-0.027			
<i>Walls, above Grade</i>						
<i>Mass</i>	U-0.151 <sup>b</sup>	R-5.7 <i>c.i.</i> <sup>b</sup>	U-0.123			
<i>Metal building</i>	U-0.094	R-0 + R-9.8 <i>c.i.</i>	U-0.094			
<i>Steel-framed</i>	U-0.084	R-13 + R-3.8 <i>c.i.</i>	U-0.064			
<i>Wood-framed and other</i>	U-0.089	R-13	U-0.089			
Fenestration	Assembly Max. U	Assembly Max. SHGC	Assembly Min. VT/SHGC	Assembly Max. U	Assembly Max. SHGC	Assembly Min. VT/SHGC
<i>Vertical Fenestration, 0% to 40% of Wall</i>						
<i>Fixed</i>	0.45	0.25	1.10	0.45	0.25	1.10
<i>Operable</i>	0.60	0.23	(for all types)	0.60	0.23	(for all types)
<i>Entrance door</i>	0.77	0.23		0.77	0.23	
<i>Skylight, 0% to 3% of Roof</i>						
<i>All types</i>	0.65	0.30	NR	0.65	0.30	NR

## WALL SYSTEMS



## ROOF SYSTEMS



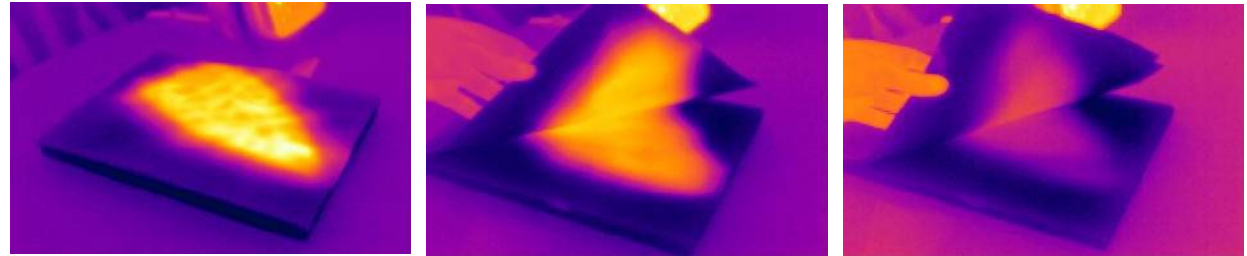
## WINDOW SYSTEMS



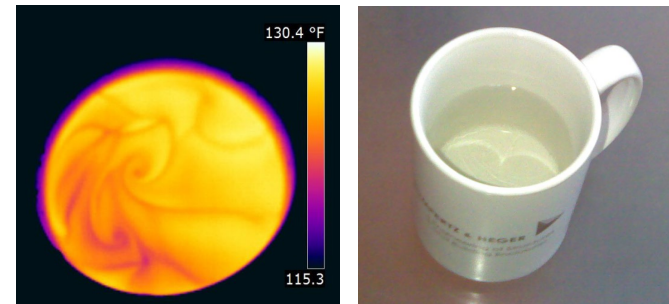
# Thermal Bridging

## Heat Flow Basics

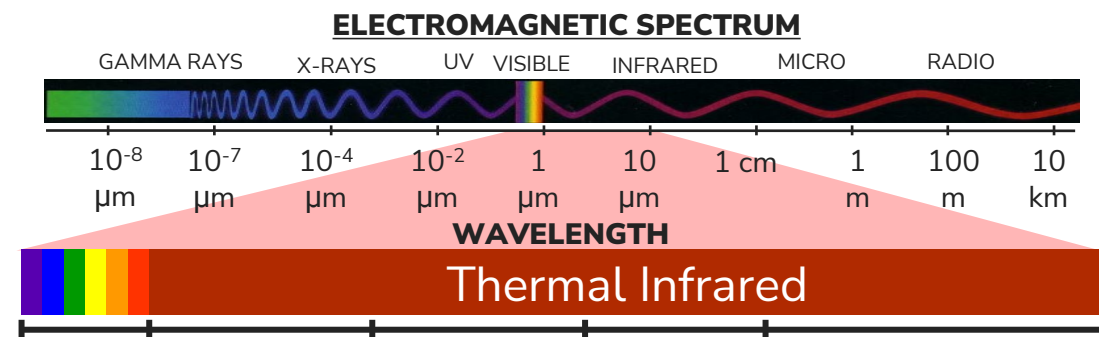
1. **Conduction** – heat transfer through a solid material from one molecule to another



2. **Convection** – heat transfer by movement of circulating fluids (liquids or gases)



3. **Radiation** – heat transfer in the form of electromagnetic waves



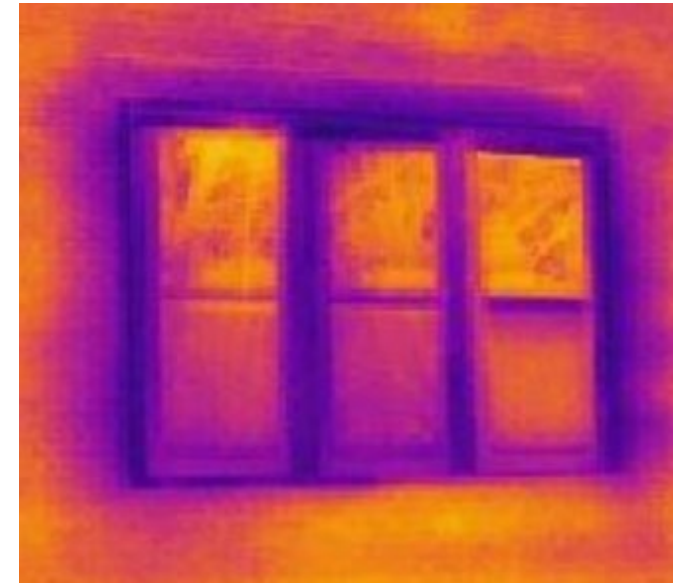
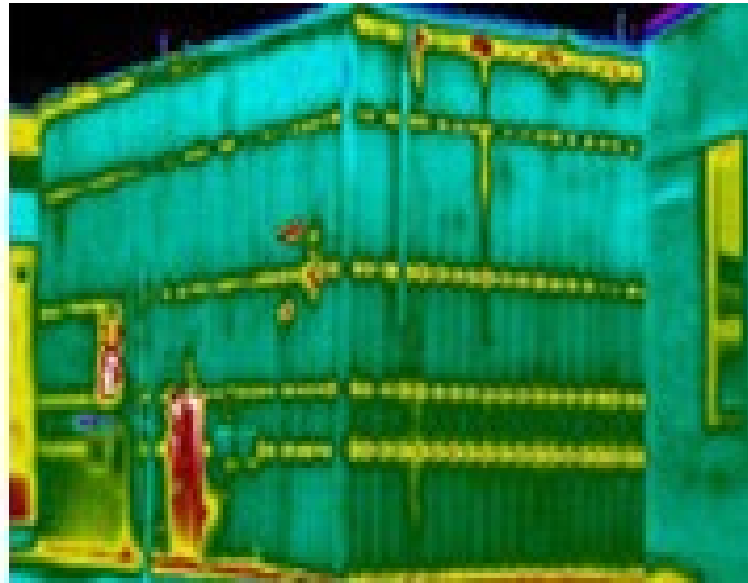
# Thermal Bridging

## Definition

**Thermal Bridge** – Any place in the building envelope where heat flows through one material at a much higher rate than adjacent materials.

It can occur due to:

- Penetrations
- Change in Thickness
- Change in Geometry



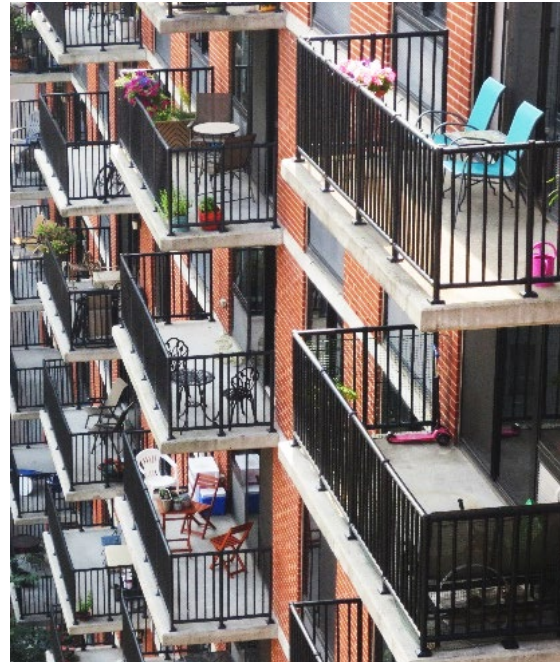
# Thermal Bridging

## Classification



**Clear-Field (Assembly)**

Continuous and/or repeating planer elements such as metal framing or regularly spaced cladding anchor clips



**Linear**

Interfaces where two parts of a building intersect (interfaces), such as floor-to-wall and roof-to-wall interfaces, projecting balcony slabs, or parapets

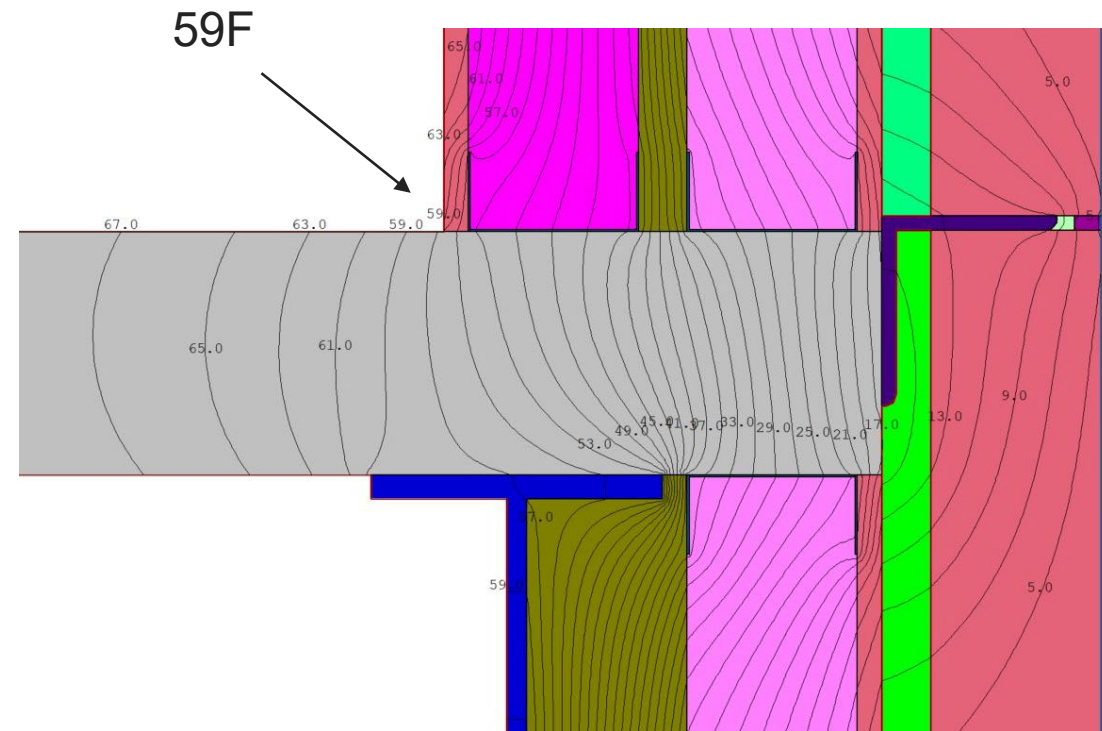


**Point**

Localized penetrations through the building envelope (non-continuous across the plane of the enclosure assembly)

# Thermal Bridging

## Importance and Consequences

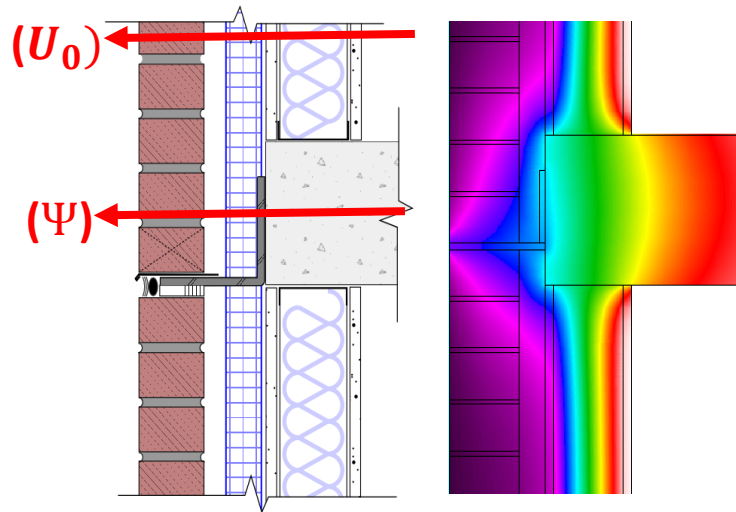


# Thermal Bridging

## Code Requirements

- ASHRAE 90.1-2022
  - Requirements to address thermal bridging
  - New Normative Appendix K
- NYC, DC, Seattle, MA

$$U_T = \frac{\sum(\Psi * L) + \sum(\chi)}{A_{Total}} + U_0$$



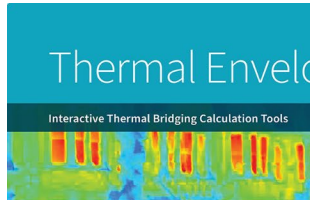
Where:

- $U_T$  = total effective assembly thermal transmittance (Btu/hr-ft<sup>2</sup>-°F or W/m<sup>2</sup>K)
- $U_0$  = clear field thermal transmittance (Btu/hr-ft<sup>2</sup>-°F or W/m<sup>2</sup>K)
- $A_{total}$  = the total opaque wall area (ft<sup>2</sup> or m<sup>2</sup>)
- $\Psi$  = heat flow from linear thermal bridge (Btu/hr-ft °F or W/mK)
- $L$  = length of linear thermal bridge, i.e. slab width (ft or m)
- $\chi$  = heat flow from point thermal bridge (Btu/hr- °F or W/K)



# Thermal Bridging

## Resources

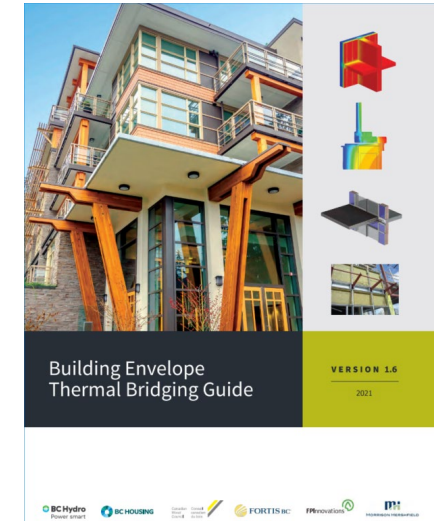


Thermal Envelope

Table A10.1 Thermal Bridging Psi-Factors and Chi-Factors for Thermal Bridges

Class of Construction— Wall, above Grade	Thermal Bridge Type	Section	Unmitigated		Default	
			Psi-Factor, Btu/(h·ft <sup>2</sup> ·°F)	Chi-Factor, Btu/(h·°F)	Psi-Factor, Btu/(h·ft <sup>2</sup> ·°F)	Chi-Factor, Btu/(h·°F)
Steel framed and metal buildings	Roof edge	5.5.5.1.1	0.450	N/A	0.140	N/A
	Parapet	5.5.5.1.2	0.289		0.151	
	Intermediate floor to wall intersection	5.5.5.2.1	0.487		0.177	
	Intermediate floor balcony or overhang to opaque wall intersection	5.5.5.2.2	0.487		0.177	
	Intermediate floor balcony in contact with vertical fenestration	5.5.5.2.2	0.974		0.177	
	Cladding support	5.5.5.3	0.314		0.217	
	Wall to vertical fenestration intersection	5.5.5.4	0.262		0.112	
	Other element and assembly intersections	5.5.5.5	N/A	1.73	N/A	0.91
Mass (exterior or integral)	Roof edge	5.5.5.1.1	0.500	N/A	0.100	N/A
	Parapet	5.5.5.1.2	0.238		0.125	
	Intermediate floor to wall intersection	5.5.5.2	0.476		0.179	
	Intermediate floor balcony or overhang to opaque wall intersection	5.5.5.2.2	0.476		0.179	
	Intermediate floor balcony in contact with vertical fenestration	5.5.5.2	0.974		0.177	
	Cladding support	5.5.5.3	0.270		0.186	
	Wall to vertical fenestration intersection	5.5.5.4	0.188		0.131	
	Other element and assembly intersections	5.5.5.5	N/A	0.91	N/A	0.19

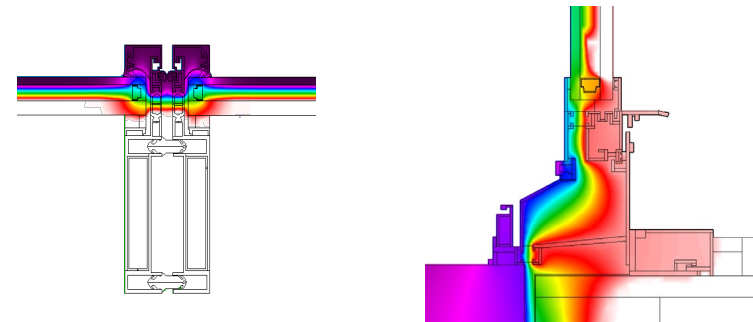
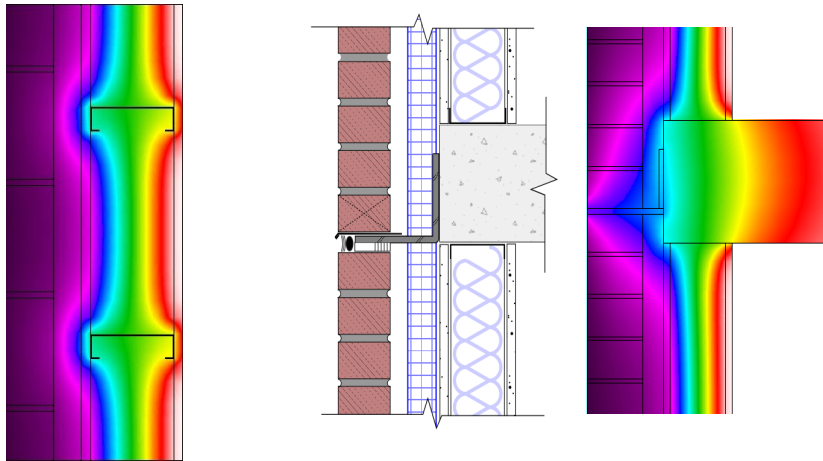
N/A = not applicable



phius 53 W. Jackson Blvd, Suite 1432 Chicago, IL 60604 (312) 561-4588 www.phius.org

# Thermal Bridging

## Analysis Tools

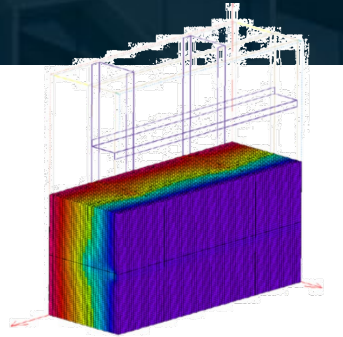


**THERM**

2D Finite Element

Analysis

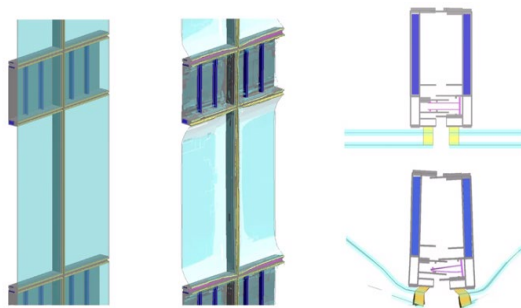
(Steady State)



**Heat 2 / Heat 3**

3D Finite Difference

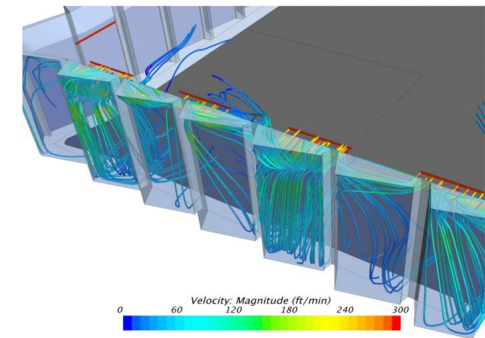
(Steady State / Transient)



**ANSYS**

3D Finite Element Analysis

(Steady State / Transient)



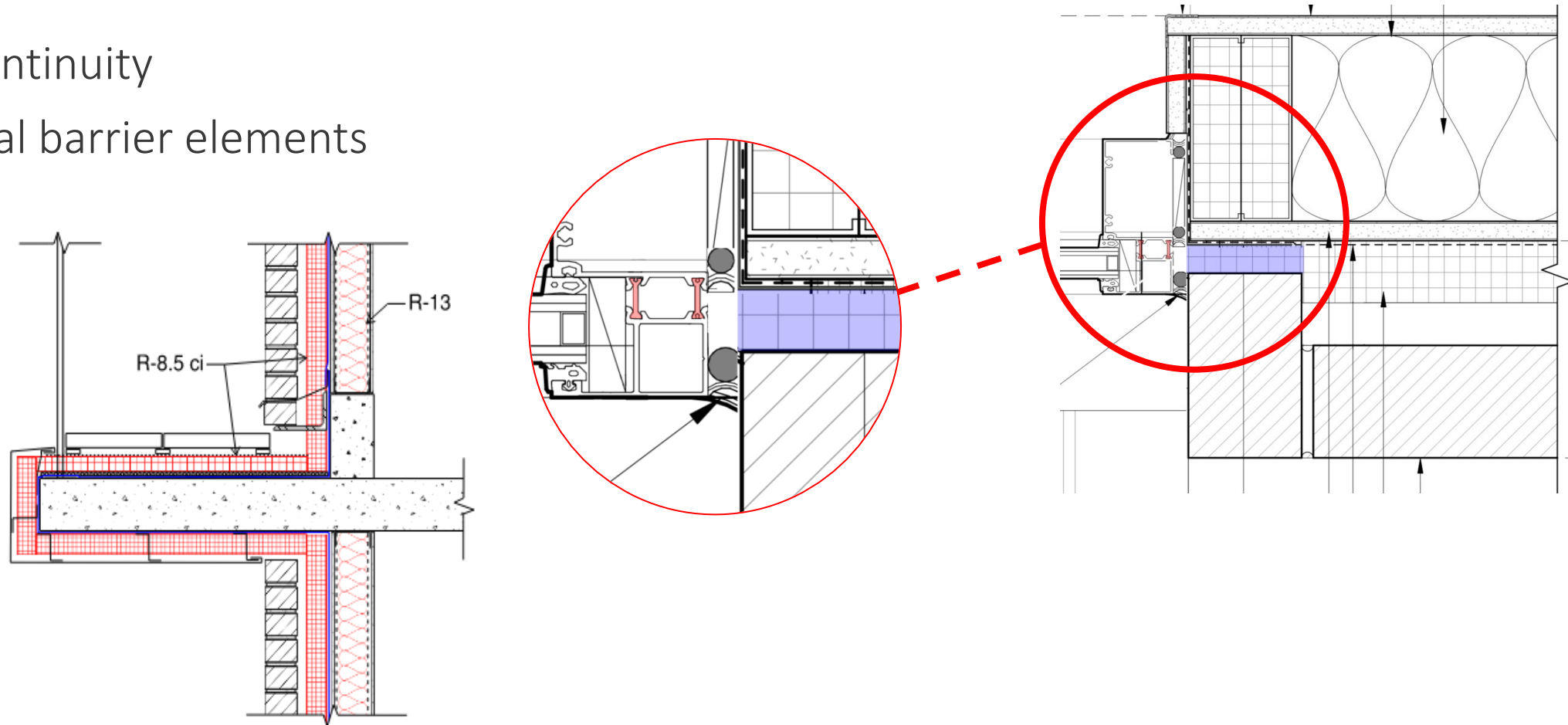
**StarCCM+**

Computational Fluid Dynamics  
(Finite Volume Method – Steady State /  
Transient)

# Thermal Bridging

## Mitigation Strategies

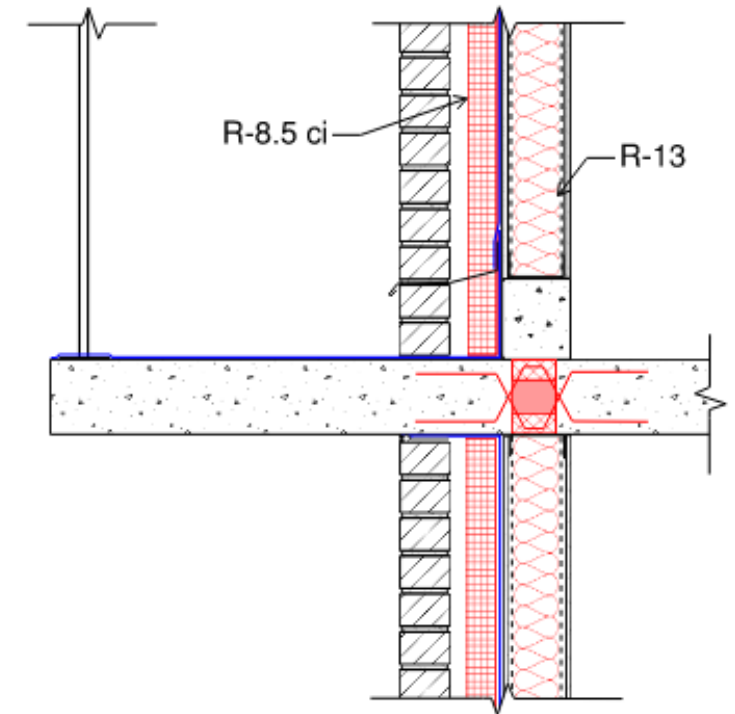
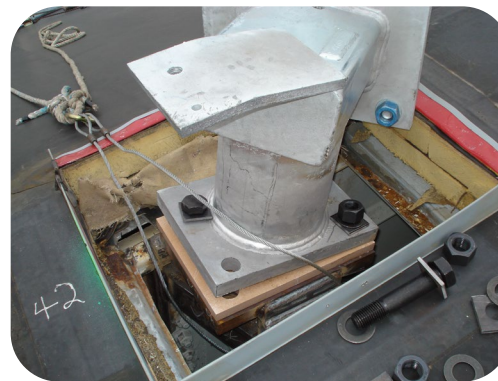
- Maintain Continuity
- Align thermal barrier elements



# Thermal Bridging

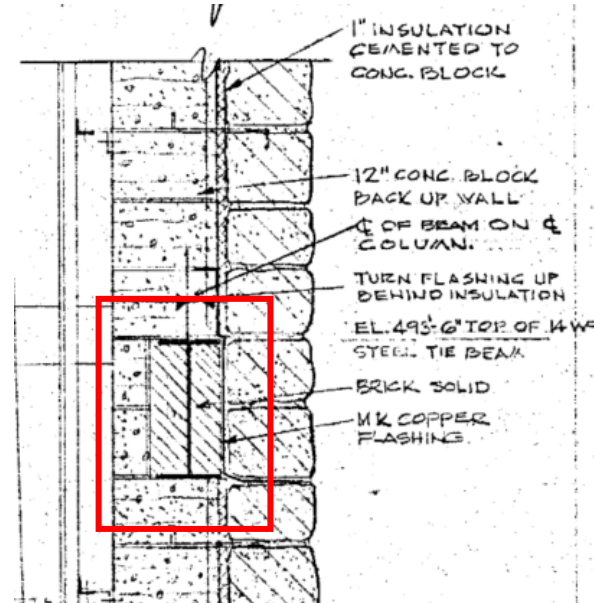
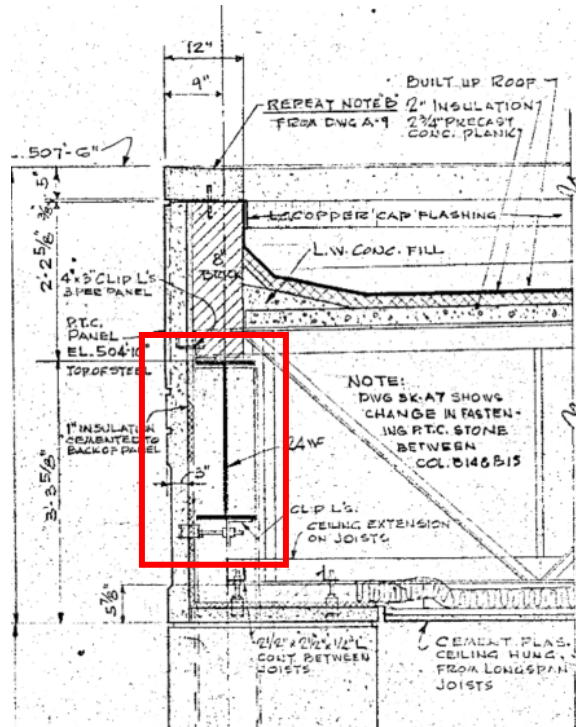
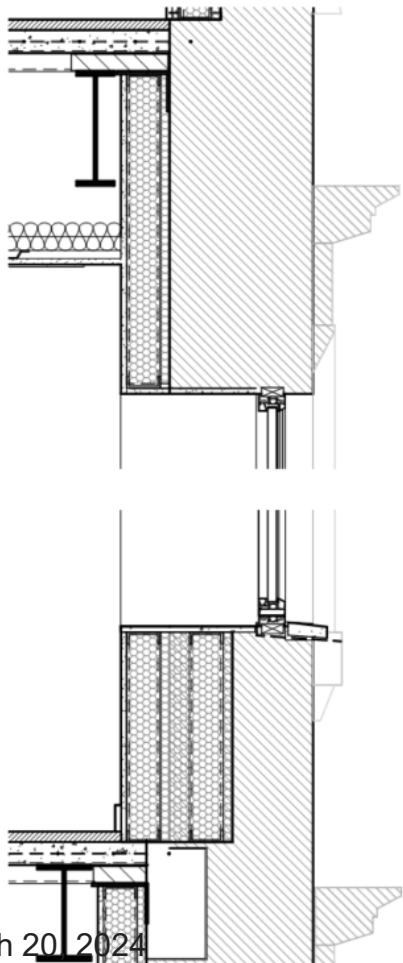
## Mitigation Strategies

- Reduce Thermal Bridges
- Consider thermal break/separator

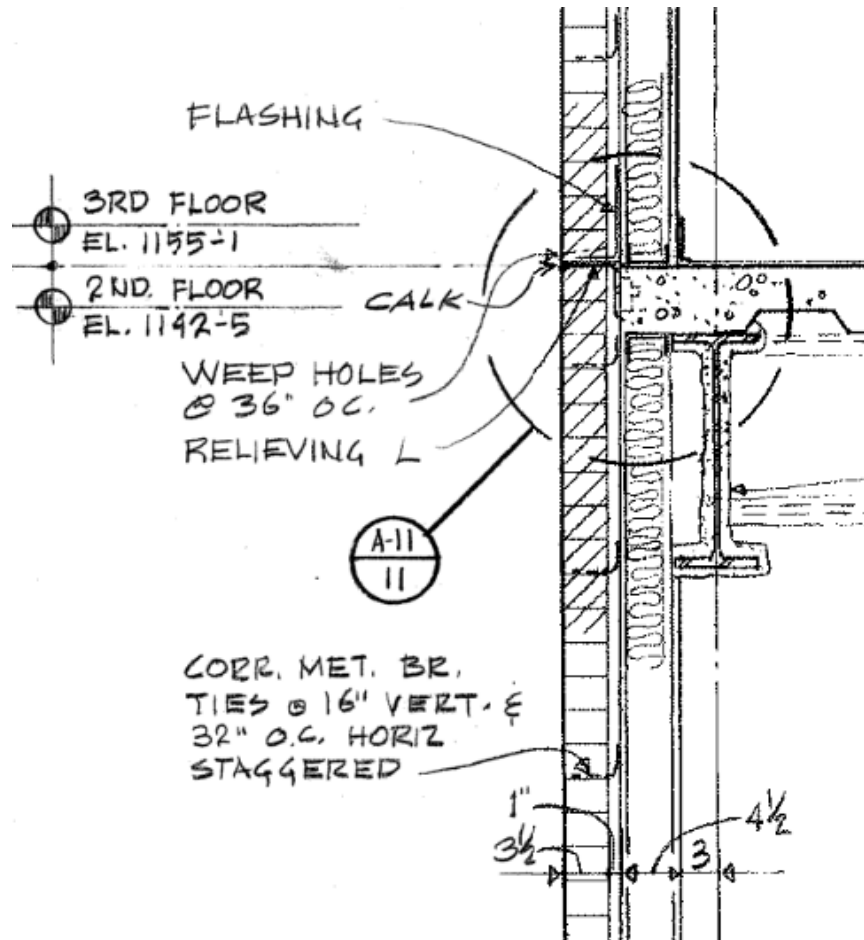


# Thermal Bridging

## Mitigation Strategies – Existing Buildings

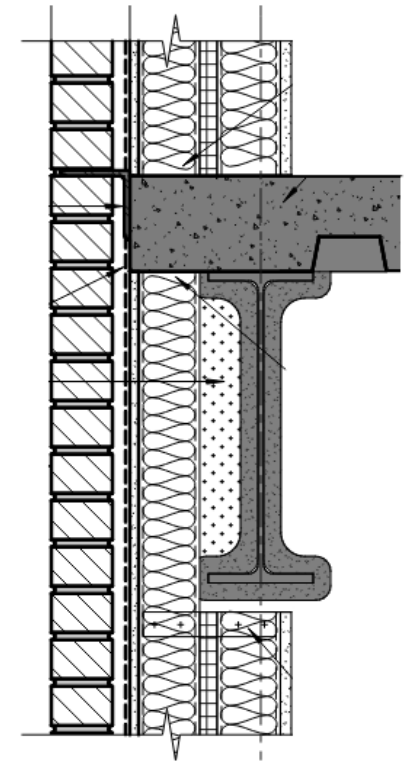
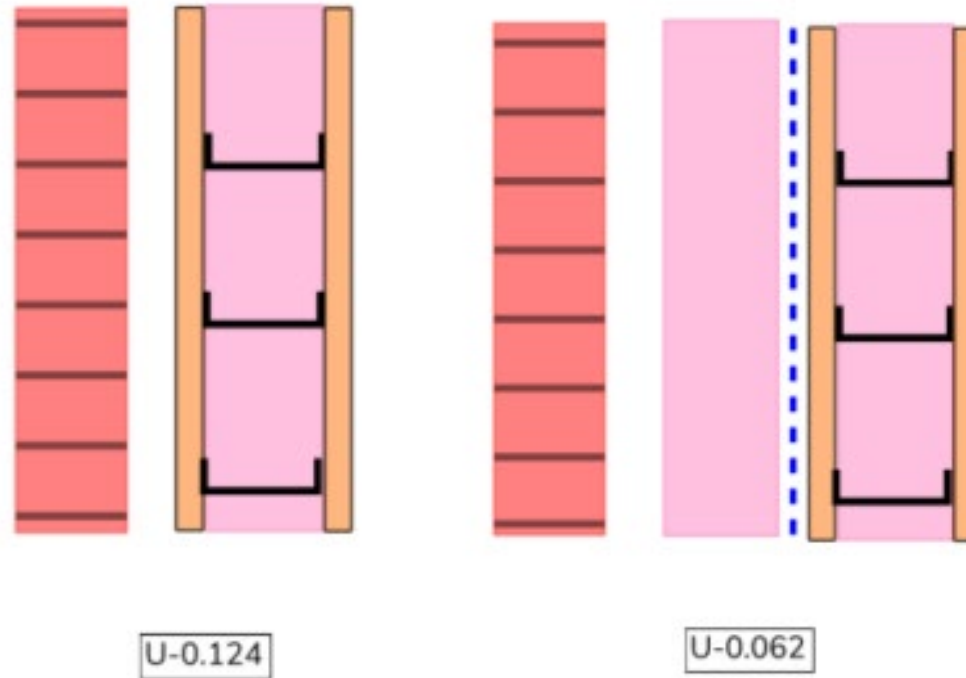


# Project Example No. 1 - University Building Renovation

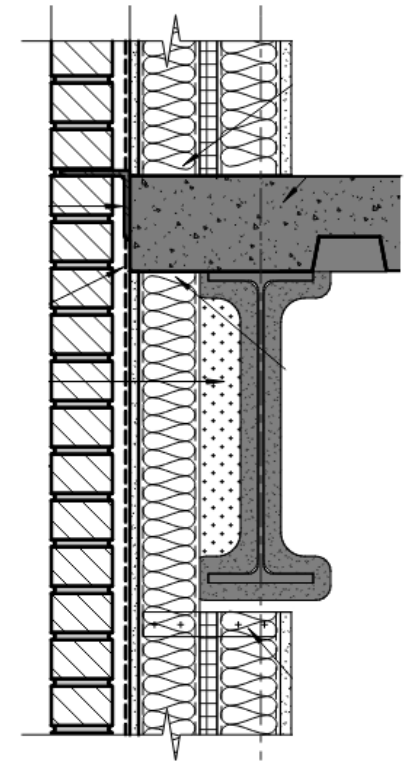
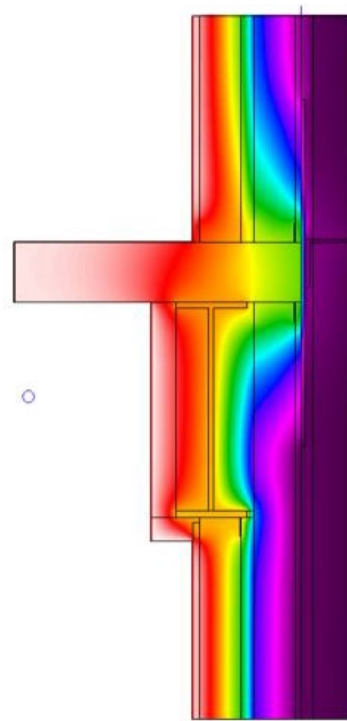
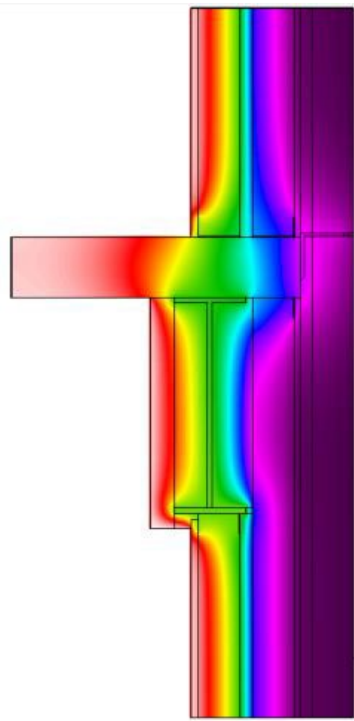
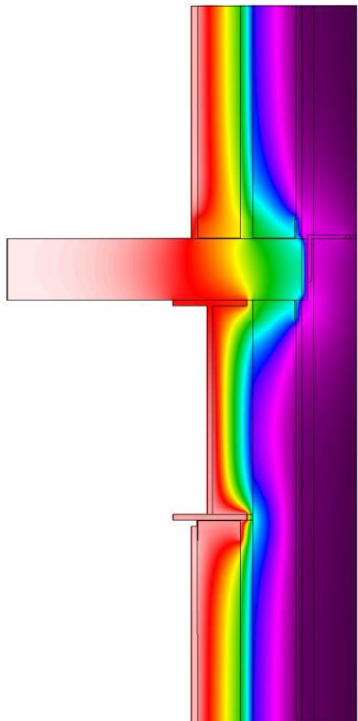


# Project Example No. 1 - University Building Renovation

- 2018 IECC
  - R13 + R7.5 ci or U-0.064
- Thermal Bridging
  - Clear-Wall (Field) at metal stud framing
  - Linear at floor lines

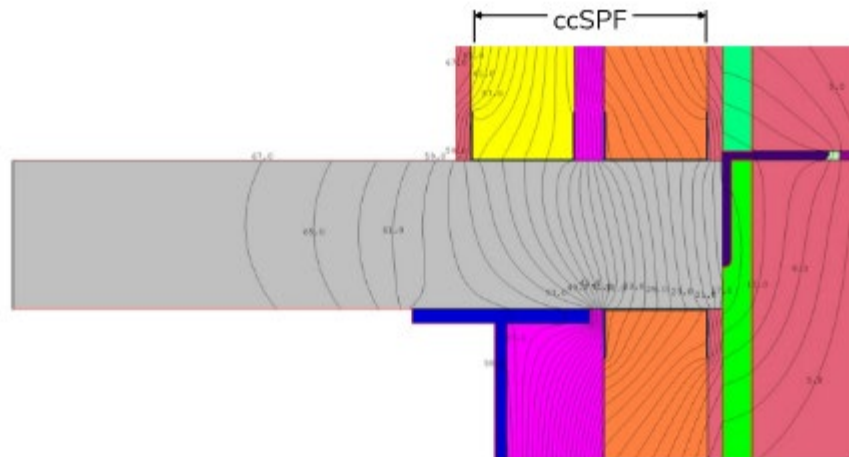


# Project Example No. 1 - University Building Renovation

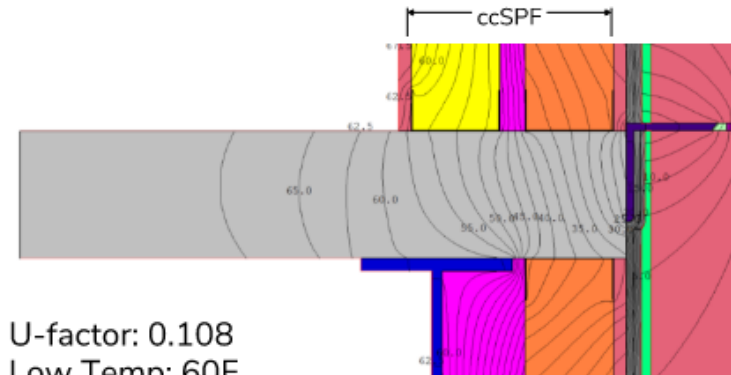




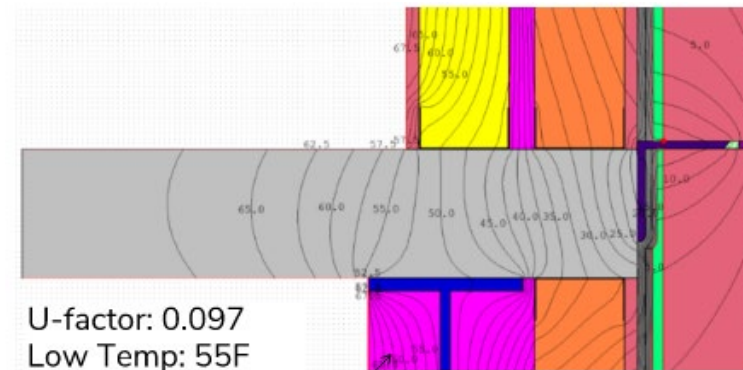
# Project Example No. 1 - University Building Renovation



U-factor: 0.128  
Low Temp: 57F



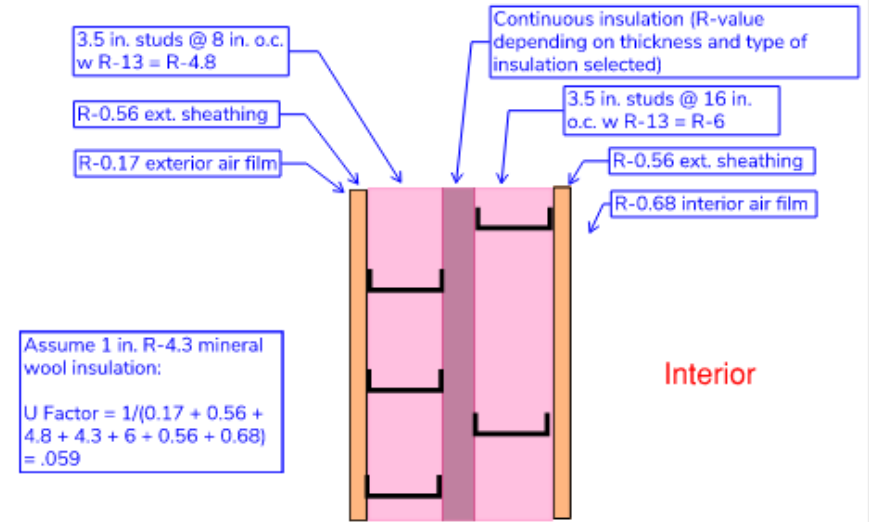
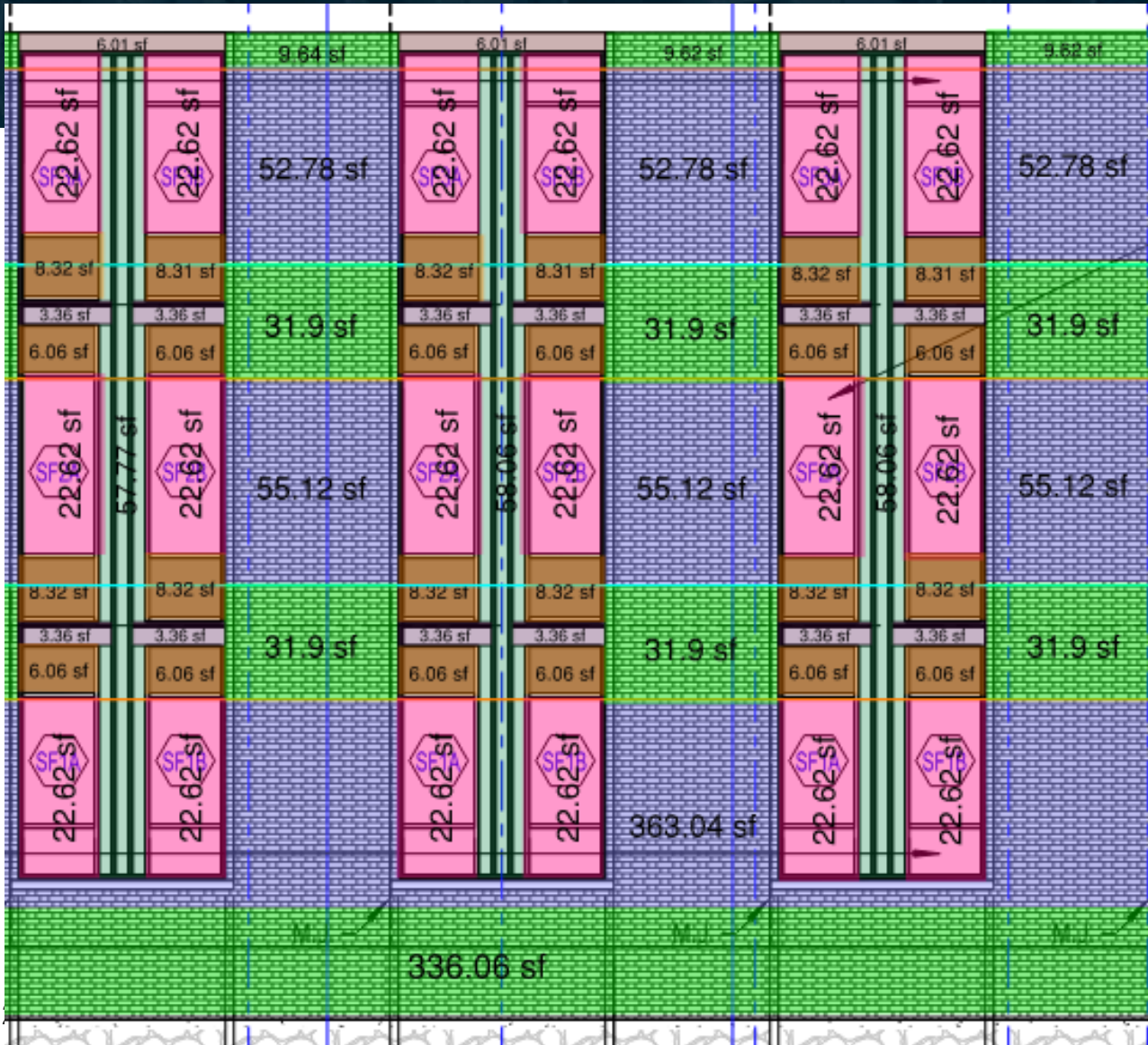
U-factor: 0.108  
Low Temp: 60F



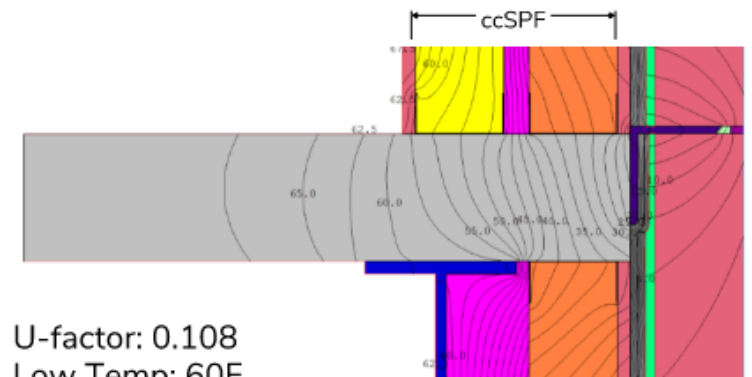
U-factor: 0.097  
Low Temp: 55F

ccSPF added  
to spandrel  
beam web

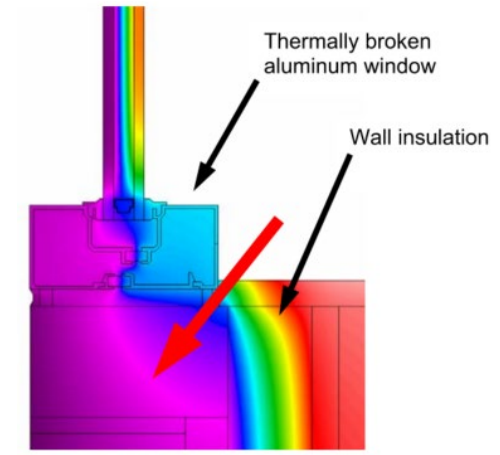
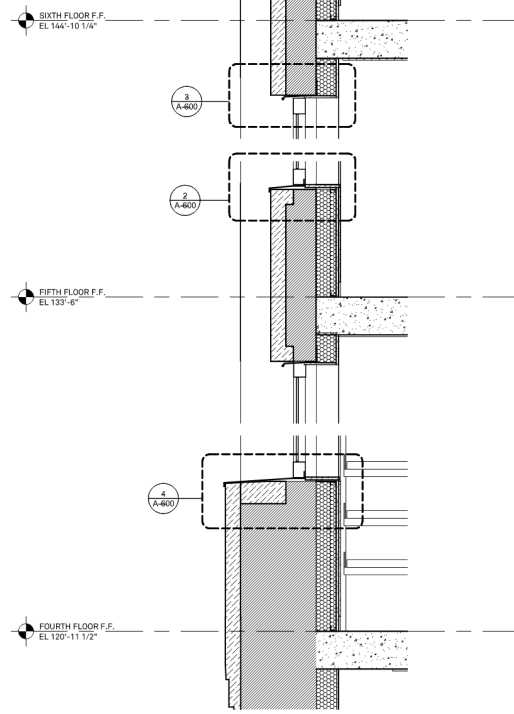
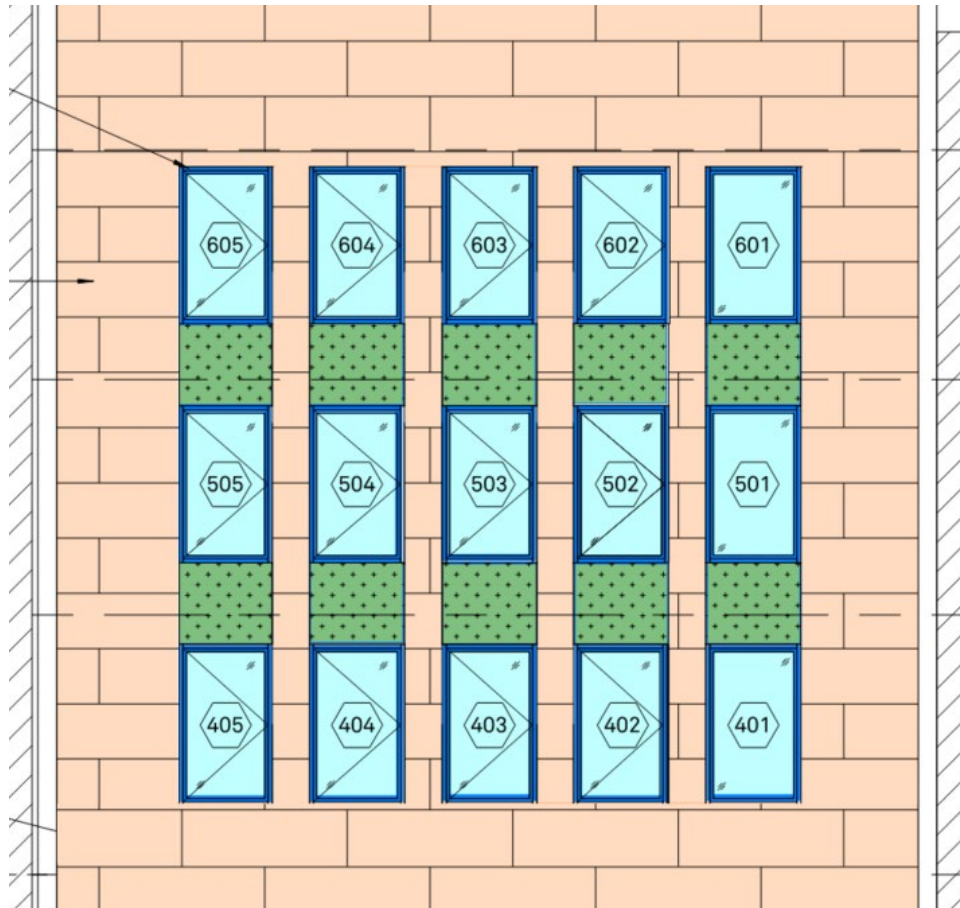
# Project Example No. 1 - University Building Renovation



Assume 1 in. R-4.3 mineral wool insulation:  
 $U \text{ Factor} = 1 / (0.17 + 0.56 + 4.8 + 4.3 + 6 + 0.56 + 0.68) = .059$



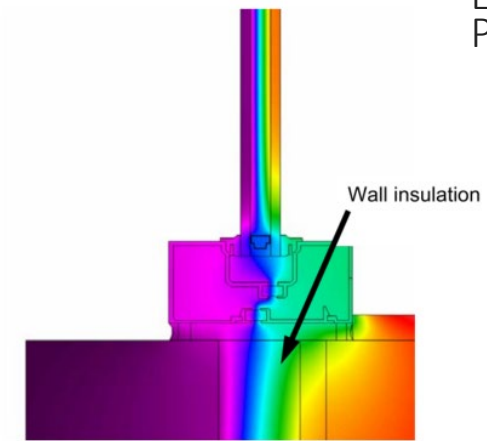
# Project Example No. 2 – Existing Building Window Replacement



THERM model results showing heat flow path between insulation and window frame (red arrow)

$T_{\text{interior}} = 70^{\circ}\text{F}$   
 $T_{\text{exterior}} = 0^{\circ}\text{F}$

Effective Thermal Performance = U-0.55



Alignment of the window with the wall insulation provides better continuity between insulating components and lowers heat loss at the window perimeter

$T_{\text{interior}} = 70^{\circ}\text{F}$   
 $T_{\text{exterior}} = 0^{\circ}\text{F}$

# Conclusions

- Thermal bridging can have a significant impact on the overall thermal performance of the building enclosure.
- Improper or incomplete evaluation often results in a combination of increased condensation risk, inefficient mechanical system operation, high energy costs, and occupant thermal comfort problems.
- Existing buildings present greater challenges that are outside of the designer's control when compared to new design projects.
- Selecting the appropriate method of analysis is influenced by the project location, certifications, owner-driven performance requirements, and/or building geometry.



# Thank You